

# **NEWSLETTER**

21th Nov 2019

Term 4 Week 6

Kia ora e te Whānau

Have you noticed that your child is more emotional, temperamental and difficult to deal with lately?

You are not alone! In education circles, this month is sometimes referred to as "Madvember".

The combination of lighter nights (which makes it difficult to get to sleep), the unpredictable weather, the low-level anxiety about leaving their teacher and class, and the excitement of Christmas on the horizon means that children can be particularly tired and temperamental at this time of year.

Another thing you might notice with younger children is the urge to build forts and huts or to get under furniture. This is all part of the changing of the seasons.

Sometimes November can be hard for adults too as we gear up for a huge two months ahead.

The best remedy for all of this is slowing down and ensuring there is ample down-time for everyone, and meeting all temper tantrums and tears with compassion and understanding.

#### **Parent Teacher Learning Conversations**

If you haven't booked your appointment yet, please please please take the time to do it now. This is when we go through the Individual Learning Plans with you and set goals for next year. This is the End of Year Report. But a bit of paper is just that... The real value is in the conversations you have with the teachers, continuing to build powerful connections for your child's learning.

#### **Food in Schools**

Included with this newsletter is a letter about the new Food in Schools programme for 2020. We are so lucky and excited to have all the Kawerau Schools be a part of this early roll out.

#### Chickpox

Just a heads up, that we have a few students off school at the moment with Chickenpox. Here is the website to find out more. If your child isn't well take them too the Dr and let them know we have chickenpox in the school, as they are contagious before the spots start to show. https://www.kidshealth.org.nz/chickenpox

Cheers Rachel

## UPCOMING EVENTS

#### Week 7

# **Goal Setting Conferences**

Tuesday, Wednesday, Thursday

Tuesday in Whakatane FROP Athletics

#### Week 8

Tuesday in Whakatane EBOP/CBOP Athletics

Wednesday at 5:30pm Yr5/6 Camp Whānau Hui

Friday is Senior School Nominations Assembly

### Week 9

Yr5/6 School Camp at Blue Lake Monday, Tuesday, Wednesday

Thursday
Junior School Prize giving

Friday
Senior School Prize giving

Saturday Kawerau Xmas in the Park

# Rūmaki

E aku nui, e aku rahi tēnā rawa atu koutou katoa.

This term in Rūmaki, we started our term with a BIG but short lived SPLASH! Our swimming season was two weeks long with our focus on water safety.









Our kaupapa this term in Rūmaki is hangarau, in particular aerodynamics.

We have been learning to measure distance and label the parts of a waka rererangi but most importantly we have been making different types of paper planes to explore distance and speed for our in class competitions on Pakirēhua Friday.





Last but not least please ensure that you make an appointment for our

parent teacher conferences in week 7.



With Christmas just over a month away, some families will already be feeling the stress of not being able to provide their children with Christmas gifts.

At First National Mills & Gibbon we will be having a Christmas Wish Tree where people can donate presents for children of families who may be struggling this time of year.

We would also love to hear from anyone that may know some families in need. Please feel free to pop into our office, our hours are from 9am-4pm, Monday-Friday, or contact me on 027 5889386.

Nga mihi - Erin, Nikki, Storm





Goal Setting Conferences - Week Seven
Book a time to meet with your child's teacher.



MAKE A BOOKING at http://www.schoolinterviews.co.nz

using Event Code: rchrs

If you would like any help - come and see us in the office

26 November 1:30-8pm

27 November 3:30-6pm

28 November 3: 30-6bm

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